

**ST PIUS X**



**Athletic Handbook**

**2013-2014**

## ST PIUS X SCHOOL

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St Pius X School offers athletics as part of its educational experience. The goal of the athletic program is to continue the mission of the school “Building the Kingdom of God.” This is done by helping students develop social skills, team building, physical fitness, ethical behavior, and sportsmanship in a Catholic setting.

Emphasis is placed on participation and character building. This manual serves as a guide to the basic structure and regulation that governs the athletic program at St Pius X School. This guide is a supplement to the CSAL handbook of the Catholic Diocese of El Paso, Texas, and is confined to St Pius X School. The goal of this handbook is to facilitate fair and consistent play within the athletic programs at St Pius X School.

Participation in sports by students should be a fun and rewarding experience for the student-athlete. Sports should act as a supplement to the educational experience and not dominate it. It is the sincere goal of the Coaching staff that the experience of playing sports at St Pius X School be a positive one that inspires students to learn the value of hard work, persistence, and dedication.

You may find up to date information on the School’s athletic website <http://stpiussports.weebly.com/>

# Table of Contents

<b>Title</b>	<b>Page number</b>
<b>Leadership</b>	4
<b>Coaches Duties</b>	5
<b>Player Responsibility</b>	8
<b>Practice</b>	10
<b>Programs offered</b>	12
<b>Recognition awards</b>	13
<b>Additional Forms</b>	

# Leadership

The Principal will hold final authority on all matters related to the Athletic Program.

**Athletic Director:** Selection of the Athletic Director will be at the discretion of the School Principal.

The role of the athletic director will be to serve as the administrator of the athletic program of St Pius X School and to supervise all matters related to the athletic department. Duties include but are not limited to:

1. Financial oversight of athletic budget.
2. Official liaison to CSAL.
3. Selection/Removal of Head coaches.
  - A. Removal/barring of Assistant coaches
4. Selection of practice days/times location.
5. Selection of awards, banquets, parties.
6. Selection, purchase, and disbursement of uniforms to respective teams.
7. Approval of St Pius X School athletic handbook.
8. Parent/Coach conflict resolution
9. Player dismissal/ permanent exclusion

Selection of Head Coaches is the responsibility and discretion of the Athletic Director. Number of teams coached by individuals will be at the discretion of the athletic director.

Athletic Director reserves the right to remove or bar any coach for violation of the School's Parent/Student handbook, Athletic handbook, CSAL handbook, or behavior detrimental to the school or its students.

## 2013-2014 Leadership

TITLE	NAME
Principal	Jesse Armendariz
Assistant Principal	Ruben Acosta
Athletic Director	Veronica Ramirez



# **Coaches Duties**

All coaches must submit to a criminal background check, and have attended the Sexual Misconduct Workshop offered by the diocese prior to assuming responsibility as coach.

## **Head Coach:**

The overall responsibility of the head coach is to ensure the safety and wellbeing of the students under their charge. Coaches are expected to behave in manner consistent with the teachings of the Catholic Church.

Attend and supervise all practice and games.

Selection of Head Coach for each individual team will be made by the athletic director. Assistant coaches may be selected by the head coach but must be cleared by the school athletic director.

## **Equipment:**

It is the responsibility of the Head Coach to ensure that athletic equipment is maintained in good order, and returned at the completion of the season. Equipment that is lost or damaged during the course of the season will be the financial responsibility of the head coach. Equipment will be issued prior to the athletic season by the athletic director. All equipment must be returned to the athletic director at the conclusion of the season.

## **Uniforms:**

It is the responsibility of the head coach to issue uniforms to players for use during the season. Uniforms must be collected by the Head coach at the completion of the season and returned to the athletic director. Uniforms damaged or not returned will be the financial responsibility of the parents. The head coach is expected to collect all the uniforms on the last day of tournament play and turn them into the athletic director within one week. At this point the parent and head coach will both be held financially responsible for any unreturned uniforms.

## **Practice facilities:**

The head coach will ensure that practice facilities are kept clean. At the conclusion of each practice the head coach will ensure that all trash and spills made by their respective teams are cleaned up. Any damage that occurs to the facility during practice should be reported immediately to the athletic director.

## **Practice:**

The head coach is primarily responsible for running team practices. The head coach should ensure that practices begin and end on time during their designated practice times. The head coach is responsible for informing the school, students or parents of cancelled practice times. Designation of an alternate coach to run a practice must be cleared by the athletic director.

## **General:**

The head coach will be responsible for informing players and parents of game times and location. The head coach will ensure that their individual teams adhere to the rules set forth in the St Pius X athletic handbook & CSAL handbook.

1. Head coaches are responsible for ensuring that players receive medical clearance via sports physical prior to tryouts.
2. Turning in sports physicals to school athletic director prior to start of season.
3. Ensuring players pay the school athletic fee of \$75 prior to the start of the season.
4. Ensuring that players are academically eligible for participation (70 or above) on a weekly basis.
5. Ensuring that players are eligible to play with an S or above in all classes and no suspensions or detention for that week on their behavior requirements.
6. Team selection and reporting to school athletic director complete team rosters prior to season.
  - A. Team selection, starting line-up, team captains, and playing time are at the discretion of the head coach (follow CSAL play time rules). Must have at least 1 rotating captain per week.
7. Turn in complete list of assistant coaches to school athletic director.
8. Attend two coaches meetings, one held by School athletic director and a CSAL coaches meeting held prior to season beginning.
9. Turn in CSAL "Role of the coach/assistant coach" form to the school athletic director for all individual team coaches prior to start of season.
10. Turn in CSAL "Permission Form" to the school AD for all players prior to start of season.
11. Turn in CSAL "Role of parent/guardian/spectator" form for all team members to the school athletic director prior to the start of the season.
12. Turn in CSAL "Role of the student athlete" form for all team members to the school athletic director prior to the start of the season.
13. Turn in SPAF "Equipment agreement" form to athletic director before start of season.
14. Turn in SPAF "Uniform Disbursement" form to athletic director before start of season..

## **Dismissal of a player**

The head coach maintains the right to ask to remove from the team any player at any time for behavior that is in violation of the school's parent/student handbook, athletic handbook, CSAL handbook, or conduct detrimental to the team.

A justification form must be filled out and sent to the athletic director and principal before final decisions are made.

# Player Responsibility

The overall responsibility of individual players is to act in a manner consistent with the mission of ST Pius X School.

1. Players will act responsibly and in accordance with the teachings of the school and the Catholic Church.
2. Adhere to St Pius X School Parent/Student handbook, Athletic handbook, CSAL handbook.
3. Maintain academic eligibility (above a 70). As well as behavior eligibility ( S or above and no suspension or detention for that week). Ineligibility will result in non-participation for one weeks' worth of playing time.
4. If a player becomes ineligible 3 times for grades or behavior they will then be removed from the team (No refund of the athletic fee will be given).
5. Be respectful of fellow players as well as competitors. "No Bullying"
6. Be respectful of coaches and officials.
7. Listen to and adhere to instructions from coaches.
8. Maintain and take care of equipment and facilities.
9. Maintain and take care of uniform. This includes washing and repairing.
10. Obtaining sports physical and returning form to head coach before start of season.
11. Paying the athletic fee of \$75 to the front office prior to first game.
12. Returning uniform to head coach at the end of the tournament or season.
13. Attend games.
  - A. A player who is absent from school may not participate in a game on that same day or if absent Friday may not play Saturday/Sunday.
  - B. Be on time for games.
  - C. Have the proper uniform/equipment for game
  - D. Getting to game and practice site is the responsibility of the parents to make arrangements for their child. **Coaches will not take any student to practice or games (Family member of Coach exempted from rule)**
14. Attend practice.
  - A. A player who is absent from school may not attend practice on that same day (and will be counted as an excused absence from practice).
  - B. Player is responsible for obtaining clearance from school nurse prior to returning to practice from illness or injury.
  - C. Be on time for practice

- D. Missing practice without speaking to the coach will result in having to sit out half of the upcoming game.
- E. Wear proper attire for practice.
  - 1. No spandex, lycra, short shorts, no tang tops for girls.
  - 2. Must have proper shoes, personal equipment (knee pads, mouth piece, gloves, etc).
- 15. Return CSAL "Role of the Student Athlete" form to head coach.
- 16. Return CSAL "Role of parent/guardian/spectator" form to head coach.
- 17. Return CSAL "Permission form" to Head coach before tryouts.
- 18. Return CSAL "Physical" form to Head coach before tryouts.
- 19. Turn in SPAF "uniform agreement" before 1<sup>st</sup> game.

### **Dismissal from the team**

The head coach maintains the right to ask to remove from the team any player at any time for behavior that is in violation of the school's parent/student handbook, athletic handbook, CSAL handbook, or conduct detrimental to the team.

A justification form must be filled out and sent to the athletic director and principal before final decisions are made.



# **PRACTICE**

## **Practice days, times, & location**

The School athletic director will issue practice day & times to head coaches prior to start of the season.

## **Prayer**

In alliance with the school's mission and adherence to the teachings of the Catholic Church all practices will begin and end with a prayer.

## **School Gym use: Volleyball/Basketball**

The school gym is available for use throughout the school year. In order to accommodate all teams in need of the gym priority for early start times will be given to younger students.

Start times: updates to practice day times & location will be updated on the school website by the athletic director <http://stpiussports.weebly.com/>

In order to ensure that all teams have adequate time for practice, coaches must adhere to start and stop times for practice.

Please allocate enough time at the end of the practice to clean up and gather all equipment.

Ending practice on time allows other teams their full use of gym time, allows a parent to pick up their children in a timely manner.

For the safety of the players only authorized coaches and team members are allowed at practices.

**No siblings or parents are allowed in gym during practices.**

## **Drop off & pick up of players**

Students are not allowed to roam the school or remain unattended after school prior to the start of practice. Players should report to the gym no more than 10 minutes before the start of practice

Players should be picked up at the side of the gym at the conclusion of the team practice; players should remain with the head coach until an authorized adult picks the player up or the player is escorted to the After School Program. Players must be picked up at the conclusion of practice no later than 10 minutes at the end of practice.

**Football: As soon as the head coach secures the practice location all players and parents will be notified.**

**Soccer: As soon as the head coach secures the practice location all players and parents will be notified.**

Further information regarding the program can be found on the schools website:

<http://elpasostpiusx.org/index.php/student-life/after-school-program>

# Programs offered

St Pius X School offers athletic programs in the following areas:

## Volleyball:

5th grade girls & boys

6th grade girls & boys



## Varsity Girls

\*\* Boy's volleyball will be offered when there is an adequate amount of boys to form a team. St Pius X school enrollment size does not allow for coed mixed teams, ie boy/girls team.

## Flag-Football

Varsity co-ed team



## Basketball:

5<sup>th</sup> grade girls/boys

6<sup>th</sup> grade girls/boys



## Varsity girls/boys

## Soccer:

3rd grade girls/boys

4th grade girls/boys

5<sup>th</sup> grade girls/boys

6<sup>th</sup> grade girls/boys coed





# Recognition



## Awards:

All players will receive a participation award at the end of the season as determined by the school's athletic director.

1. Awards for 1<sup>st</sup> place post season finish are awarded by the Diocese.
2. Sports Letter ie, "letterman jacket letter" will be awarded to varsity players by the head coach.
3. **Individual trophies, plaques, medals, certificates not approved by the athletic director are not permitted.**

## Parties:

End of the year parties must be approved by the athletic director.

## Fund Raising:

All fundraising efforts must be scheduled and approved thru the athletic director.

Office of Education  
Diocese of El Paso

Physician's and Parent's Certificate for Athletics

Student Name \_\_\_\_\_ Date of Birth \_\_\_\_\_  
School: \_\_\_\_\_ Grade \_\_\_\_\_ Room \_\_\_\_\_

Physician's Report:

Height \_\_\_\_\_ Weight \_\_\_\_\_ B/P \_\_\_\_\_ Pulse \_\_\_\_\_ Body Type \_\_\_\_\_

Eye \_\_\_\_\_ Ear \_\_\_\_\_ Nose \_\_\_\_\_ Throat \_\_\_\_\_ Hearing \_\_\_\_\_

Heart \_\_\_\_\_ Femoral Pulse \_\_\_\_\_ Lungs \_\_\_\_\_

Joint Function: Shoulders \_\_\_\_\_ Elbows \_\_\_\_\_ Hips \_\_\_\_\_ Knees \_\_\_\_\_

Dental:

Cavities \_\_\_\_\_ Bridges \_\_\_\_\_ False Teeth \_\_\_\_\_ Retainer \_\_\_\_\_ Appliance \_\_\_\_\_ Other \_\_\_\_\_

Skin (Fungus?) (Staph?) \_\_\_\_\_ Neuromuscular \_\_\_\_\_

Genito-urinary \_\_\_\_\_ Hernia \_\_\_\_\_

Is student taking any medications routinely? Yes \_\_\_\_\_ No \_\_\_\_\_ Explain \_\_\_\_\_

I hereby certify that on this date I have examined the above student as indicated by items checked and recommend him/her as being physically able to participate in the supervised athletic activities that are circled below.

VOLLEYBALL

FLAG FOOTBALL

BASKETBALL

TRACK & FIELD

SOCCER

Date: \_\_\_\_\_ Signature of examining physician: \_\_\_\_\_

\*\*\*\*\*DO NOT DETACH\*\*\*\*\*DO NOT DETACH\*\*\*\*\*DO NOT DETACH\*\*\*\*\*

I hereby give permission for the above student to compete in Diocesan approved sports, and go with the coach or other representative on any trips. The parent herewith grants permission for school employees to secure medical services for the above student if necessary. It is understood that neither the Diocese of El Paso nor the school assumes responsibility in case an accident occurs. The undersigned agrees to be responsible in the safe return of all athletic equipment issued by the school to the above named student.

Date \_\_\_\_\_ Signature of Parent/Guardian \_\_\_\_\_

Evidence of Student Insurability:

Health Insurance Company \_\_\_\_\_ Policy Number \_\_\_\_\_

Home Phone Number \_\_\_\_\_ Emergency Phone Number \_\_\_\_\_

**Permission Form, Which Releases the School from Liability**

I/We, the parent(s)/guardian(s) of \_\_\_\_\_  
request that the school allow my/our son/daughter to participate in (insert  
activity) \_\_\_\_\_ and be transported by any available  
means, including foot, for the purpose of participation in extracurricular activities. I/We  
agree to the mode of transportation the school chooses to use.

In consideration for the making of the arrangements for this activity, we hereby release and  
save harmless \_\_\_\_\_ **ST PIUS X SCHOOL** \_\_\_\_\_ School, all Members of the Faculty  
or Staff thereof and all its employees or agents thereof, the Diocesan Office of Education, the  
Superintendent of Schools of the Diocese of El Paso, His Excellency, the Bishop of the  
Diocese of El Paso, and the Roman Catholic Church and all clergy, employees, agents or  
agencies thereof from any and all liability arising to my son/daughter as a result of  
participating in this activity.

If my/our son/daughter should break rules; for example, by violating civil law and/or use  
alcohol or drugs, I/we agree that it is our responsibility to arrange for our son/daughter to be  
transported home at our expense in the event of such an infraction.

I/We also grant permission to the above named School and any agent or employee to  
authorize and obtain, at my/our sole expense, medical care from any licensed physician,  
hospital, or medical clinic should my son/daughter become ill or injured while participating  
in these extracurricular activities.

Signed on this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_.

Accepted:

\_\_\_\_\_  
Parent/Guardian

\_\_\_\_\_  
Principal

\_\_\_\_\_  
Parent/Guardian

\_\_\_\_\_  
School

## **ROLE OF THE COACH/ASSISTANT COACH**

A coach has a strong influence on the students with whom he/she works. Student athlete may look upon their coach as an idol, and may tend to emulate many of his/her characteristics and action. Therefore, it is of utmost importance that a coach in the CSAL (Catholic Schools Athletic League) displays the qualities of good sportsmanship and Christian attitudes. A coach needs to be aware of his/her opportunity to instill Christian attitudes and characteristics in players while on the playing field-an opportunity that is not available to a student's principal or teacher. A coach needs to be an instructor and disciplinarian to the team players, as well as a role model.

A coach in the CSAL is expected to abide by the following Code of Conduct:

1. Be committed to the philosophy of the CSAL program and knowledgeable of the contents of the CSAL handbook.
2. Encourage all eligible students, even those who are not exceptionally skilled, to participate in the CSAL program.
3. See that all players have emergency forms, physicals and permission slips completed. These forms must be on site whenever students are participating in a school activity. All coaches must have the original and a copy is kept in school office.
4. Make good use of practice time for instruction of all players in the fundamental skills and rules of the game.
5. Guide team members in cooperating with one another and accepting and respecting the weaknesses and strengths of team members.
6. Insure that all team members participate according to Diocesan regulations regarding age, and eligibility. These regulations are found in the CSAL handbook.
7. Return all CSAL forms as directed:
  - Rosters
  - Parent Agreement Forms
  - Sportsmanship Ballots
  - Coach Agreement Form
8. Evidence a positive attitude in relating with the team, officials, scorekeepers, gym-supervisors and spectators.
9. Refrain from offensive language and actions at all times.
10. Refrain from negative sideline coaching during games, for it is neither professional nor acceptable and is a distraction for the players and spectators.
11. Refrain from **PHYSICALLY OR VERBALLY ABUSING** a player at any time during practice or a game. Failure to do so will result in termination.
12. Refrain from laying a hand upon, shoving, striking, threatening to strike, or repeatedly arguing with an official or game supervisor, or being guilty of objectionable demonstration by forceful action of an official's decision.



13. In dealing with the officials, the approach of the coach must be professional at all times. He/She must have self-control and sufficient emotional stability to realize that the official sees the play through impartial and unbiased eyes.
14. Refrain from any attempt to influence the judgment of an official or umpire.
15. Refrain from discussing publicly with spectators in a derogatory or abusive manner any play, decision, or leave his/her personal opinion of the officials DURING OR AFTER THE GAME.
16. Attend all meetings and clinics directed by the CSAL. If the coach is unable to attend the meeting or clinic, he/she is responsible for sending a representative.
17. Make student athletes knowledgeable of their role as outlined in the CSAL handbook.
18. Notify opponents of any schedule changes.
19. Never appear in an intoxicated condition, or have in their presence any alcoholic beverage or tobacco while in the presence of the students. (See Diocesan policy).
20. Insist their team shake hands with their opponent's before/after the contest and behave with courtesy at all times.
21. Hold a pre-game or post-game prayer with the team at each game.
22. Submit complaints following CSAL policy.
23. Sign off on the CSAL Code of Conduct indicating intent to adhere to all CSAL policies and guidelines.
24. Never transport athletics in their personal vehicle.

Violation of the CSAL Code of Conduct for Coaches will result in removal from the game or forfeiture of the game depending on the degree of infraction. If warranted, the school principal, the CSAL Board and/or the Superintendent will take further action.

I agree to abide by the Code of Conduct as stated

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Coach's Signature

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Date

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School

## ROLE OF THE STUDENT ATHLETE

All eligible student athletes are encouraged to participate in the various CSAL activities. Students who choose to participate in CSAL activities must make a commitment to their team. To play on a CSAL school team is both a privilege and responsibility. To practice and play takes a number of after school hours, and the student's usual grades must be maintained or the privilege of playing a sport will often be taken away from him/her. When a player is suspended from a team, the teammates as well as the player are affected. Any player who chooses to play on a team owes it to his/her coach and teammates as well as himself/herself to remain on the team until the conclusion of the season.

### **Any student athlete participating in a CSAL activity is expected to:**

1. Give fully of himself/herself during practice and games.
2. Be accepting of his/her honest mistakes.
3. Strive to win without placing undue pressure on self or teammates.
4. Recognize and respect the strengths and weaknesses of teammates.
5. Exhibit sportsmanship at all times – being a good winner as well as a good loser.
6. Accept the guidance of coaches.
7. Respect the decision of officials and umpires.
8. Refrain from offensive language and actions.
9. Maintain a 70 as a minimum standard with no failing grades (F's) and an "S" (Satisfactory) in conduct. If the grade point average is not maintained and/or a student has a failing grade (F), a student may not participate until the next review time (Progress Report/Report Card) indicates the minimum with no F's is reestablished. This is a minimum standard only and a school may choose to adopt a higher standard for student athletes.

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Student's Signature

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Date

## **ROLE OF PARENT/GUARDIAN/SPECTATOR**

**Parents of children participating in the CSAL Program are required to be aware of the philosophy and guidelines as presented in the CSAL Handbook.**

**Parents are encouraged to take an active part in the CSAL Athletic Program of their school.**

### **GUIDELINES:**

1. Parents have great influence as spectators at the game. It is important that this influence be of a positive nature. Coaches and players are encouraged and motivated by the support of parents and the greatest support and encouragement is needed after a loss.
2. When relating to coaches and officials, parents and other spectators need to be an example of cooperation and respect.
3. A parent who observes a coach whose behavior is not consistent with CSAL guidelines or philosophy should make it known to the school principal and CSAL Board in writing.
4. Parents and other spectators are to refrain from offensive language and actions. Taunting, hooting, and/or swearing will not be tolerated in the CSAL sports program.
5. Parents must monitor the academic progress of their children to insure that each student athlete participating in after school sports maintain a minimum standard with no failing grades or unsatisfactory conduct. Each school chooses to adopt the minimum standard and review process for each campus.
6. Unsportsmanlike conduct is not permitted. The use of noisemakers, stomping, booing, hooting, are discouraging and unsettling to the athletes and they are prohibited at any game.
7. Any unsportsmanlike behavior exhibited by the parent or other spectator will result in the removal from the gym. If this type of behavior continues, it will affect your child's ability to participate in sports at this school.
8. Gym supervisors have been appointed to each site where games are played. They are in charge of spectator behavior. They have the jurisdiction to make spectators leave, or even clear the gym of all spectators.

**I have read the guidelines and agree to abide by them.**

---

**Parent Signature**

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**Date**





Date: \_\_\_\_\_  
 Player: \_\_\_\_\_

# St Pius X School

## Player Uniform Agreement



Sport:

Basketball	Football	Soccer	Volleyball
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Team Name: \_\_\_\_\_

Girls	Boys	Coed	
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Jersey:

#	Size	Color	Condition

I have received the following jersey. I have noted the condition of each jersey and accept financial responsibility for its return to the athletic department. Uniforms must be turned in at end of the last game of season. **Uniforms not returned or returned in a damaged state will be charged to the student's parent.**

<b>Player Name:</b>	<b>Signature:</b>	<b>Date:</b>
<b>Parent Name:</b>	<b>Signature:</b>	<b>Date:</b>

This form must be returned to the Head Coach signed by player and parent before the 1<sup>st</sup> game of the season.

